



# Hillsborough County, Florida


## 2012 Healthiest Weight Profile

Indicator	Year(s)	Rate Type	County Count	County Rate	County Quartile 1=most favorable 4=least favorable	State Count	State Rate
<b>Socio-Demographic Characteristics</b>							
Total county population <sup>1</sup>	2012	Count	1,251,038			19,042,458	
Population under 18 Years Old <sup>1</sup>	2012	Percent of Total Population	299,331	23.9%		4,024,968	21.1%
Population 18-64 Years Old <sup>1</sup>	2012	Percent of Total Population	795,790	63.6%		11,598,797	60.9%
Population 65+ Years Old <sup>1</sup>	2012	Percent of Total Population	155,917	12.5%		3,418,693	18.0%
Population - White <sup>1</sup>	2012	Percent of Total Population	949,590	75.9%		14,930,936	78.4%
Population - Black <sup>1</sup>	2012	Percent of Total Population	219,014	17.5%		3,150,349	16.5%
Population - Other <sup>1</sup>	2012	Percent of Total Population	82,434	6.6%		961,173	5.0%
Population - Hispanic <sup>1</sup>	2012	Percent of Total Population	318,396	25.5%		4,412,802	23.2%
Population - Non-Hispanic <sup>1</sup>	2012	Percent of Total Population	932,642	74.5%		14,629,656	76.8%
Population below 100% poverty <sup>2</sup>	2011 5-yr est	Percent	180,266	15.0%	2	2,679,400	14.7%
Low english proficiency <sup>3</sup>	2010	Percent		6.5%	4		7.2%
Adults 18-64 with any health care coverage <sup>4</sup>	2010	Percent		81.6%	1		
Adults reporting a personal doctor or health care provider <sup>4</sup>	2010	Percent		81.4%	2		
<b>Weight, Activity, and Eating Habits among Adults</b>							
Adults who are at a healthy weight <sup>4</sup>	2010	Percent		33.0%	2		
Adults who are underweight <sup>4</sup>	2010	Percent		2.3%	4		
Adults who are overweight or obese <sup>4</sup>	2010	Percent		64.7%	2		
Adults who are overweight <sup>4</sup>	2010	Percent		39.4%	4		
Adults who are obese <sup>4</sup>	2010	Percent		25.3%	1		
Adults who are sedentary <sup>4</sup>	2007	Percent		25.3%	2		
Adults who consume at least 5 servings of fruits and vegetables a day <sup>4</sup>	2007	Percent		26.1%	2		
<b>Weight, Activity, and Eating Habits among Children and Teens</b>							
Middle and high school students who are at a healthy weight <sup>5</sup>	2012	Percent		68.2%	2		68.7%
Middle and high school students who are underweight <sup>5</sup>	2012	Percent		3.9%			4.2%
Middle and high school students who are overweight <sup>5</sup>	2012	Percent		16.0%			15.5%
Middle and high school students who are obese <sup>5</sup>	2012	Percent		12.0%			11.5%
<b>Maternal Weight and Breastfeeding among Mothers</b>							
Live births to mothers who are at a healthy weight (BMI 18.5-24.9) at time pregnancy occurred <sup>6</sup>	2012	Percent of Live Births	8,067	49.2%	1	96,972	45.5%
Live births to mothers who are overweight (BMI 25.0-29.9) at time pregnancy occurred <sup>6</sup>	2012	Percent of Live Births	3,893	23.7%	2	50,636	23.8%
Live births to mothers who are obese (BMI>=30)							

at time pregnancy occurred <sup>6</sup>	2012	Percent of Live Births	3,310	20.2%	1	43,940	20.6%
Live births to mothers who initiate breast feeding <sup>6</sup>	2012	Percent of Live Births	14,062	85.7%	1	172,427	81.0%
<b>Built Environment</b>							
Population that live within a 1/2 mile of healthy food source <sup>7</sup>	2010	Percent		35.8%			32.2%
Population that live within a 1/2 mile of a fast food restaurant <sup>7</sup>	2010	Percent		34.6%			33.5%
Population that live within a ten minute walk (1/2 mile) of an off-street trail system <sup>8</sup>	2010	Percent		13.2%			9.6%
Workers who drive alone to work <sup>9</sup>	2009 5-yr est	Percent		80.3%			79.4%
Workers who ride a bicycle to work <sup>9</sup>	2009 5-yr est	Percent		0.5%			0.6%
Workers who walk to work <sup>9</sup>	2009 5-yr est	Percent		1.8%			1.6%

**Notes**

Where rates are based on a sample, no number (count) is available.  
 Data for middle and high school students are obtained by combining the MSBHS and YRBS to generate prevalence rates.

 This graphic indicates that the healthiest weight count or rate is not available for the indicator.

**Quartiles** - Quartiles in this report allow you to compare health data from one county to another in the state. Quartiles are calculated by ordering a rate from most favorable to least favorable by county and dividing the list into 4 equal-size groups. In this report, a low quartile number (1) always represents more favorable health situations while fours (4) represent less favorable situations. Blanks in this column indicate that not enough data was available to calculate a quartile or that a quartile calculation was not appropriate (i.e. population counts). Quartiles for rates from the YRBS, FYTS, and FYSAS surveys are based on fewer than 67 counties as some counties did not participate.

**Data Sources**

- <sup>1</sup> Florida Department of Health, Bureau of Community Health Assessment , Florida Legislature's Office of Economic and Demographic Research (EDR)
- <sup>2</sup> U.S. Census Bureau, Table S1701
- <sup>3</sup> Households where no one over age 14 speaks English "very well", U.S. Census Bureau, Table B06007
- <sup>4</sup> Florida Department of Health, Bureau of Epidemiology, Florida County-level Behavioral Risk Factors Surveillance (BRFSS)
- <sup>5</sup> Florida Department of Health, Bureau of Epidemiology, Florida Youth Tobacco Survey (FYTS)
- <sup>6</sup> Florida Department of Health, Bureau of Vital Statistics
- <sup>7</sup> The Florida Department of Agriculture and Consumer Services, U.S. Census Bureau, Florida Department of Health, Environmental Public Health Tracking
- <sup>8</sup> The Florida Geographic Data Library, U.S. Census Bureau, Florida Department of Health, Environmental Public Health Tracking
- <sup>9</sup> U.S. Census Bureau, American Community Survey

[Click here for Florida healthiest weight profile data sources](#)